



Fitness Instructor (Aquatic Fitness)

Casual

\$33.34 - \$41.68 / hour (1.5 hours paid per 45 minutes of instruction)

At the City of Leduc, our mission is People. Building. Community. We offer a collaborative and dynamic workplace where our values of Teamwork, Service, Respect and Leadership guide our conduct and contribute to a healthy culture. If you would like to work as part of a progressive organization and enjoy a fast-paced environment, then this may be the opportunity for you.

Come work with us?

The City of Leduc's Recreation Services team connects people through inclusive, engaging, and health-focused programs. Our Wellness Services division delivers programs that contribute to overall well-being, offering a range of group fitness classes that motivate and inspire. If you're an enthusiastic instructor with a passion for fitness, especially in aquatic settings, and enjoy working with adults and older adults, we invite you to bring your energy and leadership to our team.

What is the Opportunity?

We are currently hiring a ***Fitness Instructor – Casual*** to lead Aquafit and other group fitness classes at the Leduc Recreation Centre. Reporting to the Wellness Services Coordinator, you'll plan and deliver inclusive, safe, and effective classes for participants of varying ages and abilities. This is a casual position with a flexible schedule, including morning, noon, and afternoon class times.

This role is ideal for instructors who are well-organized, enthusiastic, and motivated by community health and positive participant experience. You'll be part of a collaborative team while having the autonomy to shape each class you lead.

What will you do?

As a Fitness Instructor with the City of Leduc, you'll deliver high-quality aquatic fitness classes and promote safe, fun, and engaging workouts. Your key responsibilities will include:

- Creating appropriate and engaging class plans aligned with participant needs and program goals
- Arriving early for equipment setup and staying available for participant questions before and after class
- Delivering dynamic classes with modifications (progressions/regressions) to suit all levels
- Providing continuous instruction, cues, and safety monitoring throughout sessions
- Maintaining participant safety and proper form execution, adjusting exercises as needed
- Demonstrating excellent customer service and representing the City of Leduc positively
- Building relationships with class members and being knowledgeable about other LRC programs and services

Who you are?

You're a positive, energetic instructor with a passion for helping others move well, feel strong, and stay safe. You enjoy working with adult and older adult populations and thrive in an aquatic group fitness setting. You have:

- Minimum 18 years of age
- AFLCA Aquatic Exercise Specialty Certification (or equivalent)
- Standard First Aid with CPR-C certification
- Comfort working in and around aquatic environments, including shallow and deep water
- Ability to lead from the pool deck and provide clear instruction to large groups

Preferred:

- 6+ months experience teaching group fitness, ideally in a municipal setting
- Additional certifications (e.g., CSEP-CPT, NCCP, Zumba, mind/body, physical literacy) considered an asset

What we Offer?

At the City of Leduc, we believe in supporting a flexible, people-first workplace that values your time and talent. Here's what you can expect:

- **Competitive Hourly Pay:** \$33.34 - \$41.68/hour based on experience and certifications
- **Flexible Scheduling:** Casual hours that work around your availability
- **Supportive Environment:** Team-based culture with autonomy in your classes
- **Facility Access:** Free access to the Leduc Recreation Centre for instructors
- **Growth Opportunities:** Ongoing support for professional development and training

Important Notes!

- The successful candidate must be willing to provide a **Criminal Record Check – Vulnerable Sector** at their own expense.

Ready to Join Us?

If you're ready to inspire others through movement, build community through fitness, and lead with enthusiasm, we'd love to hear from you!

Apply today by submitting your resume at: www.leduc.ca/careers

Competition closes at 11:59 pm (MT) on **July 9, 2025**. Due to the high volume of resumes received, we are not able to respond to individual phone calls. This competition may be used to fill future vacancies at the same or lower classification level. We thank all applicants for their interest, however, only those selected for interviews will be contacted.