

DEPARTMENT:	Parks and Recreation	STATUS:	Auxiliary
NO. OF POSITIONS:	Six	UNION:	CUPE, Local 387
HOURS OF WORK:	Varies*	SALARY:	\$56.83 to \$59.33 per hour + 12% in lieu of all benefits and vacation (2024 rates)

The New Westminster Fitness Department has an opportunity for energetic self-starters to join its dynamic team of fitness leaders. Qualified candidates will possess one or more of the following current certifications: Yoga, Barre, Pilates, Zumba and/or Older Adults.

Under the supervision of the Fitness Leadership team, the successful candidate will instruct classes based on program requirements. Applicants will enjoy working in a fast paced environment and possess excellent interpersonal skills.

Duties and Responsibilities:

Yoga, Barre, Pilates, Zumba, Older Adults Classes:

- Develop and adjust fitness for patrons to ensure appropriate level
- Act as a fitness resource person for the community members
- Ability to teach a variety of styles preferred
- Candidate will be certified from a recognized provider / board
- Customer Service/Communication
- Teach group fitness classes; improve techniques; supervise and ensure the safety of patrons enrolled in registered or drop-in group fitness in the facility
- Promote and market fitness programs; have a working knowledge of available programs provided within the City of New Westminster
- Act professionally and answer customer questions in an appropriate manner
- Has knowledge of working in the public sector
- Safety/Risk Management
- Ensure the fitness facility/area is a safe and inclusive, report any equipment malfunctions or safety issues to the Fitness Leadership Team
- Ensure equipment is properly maintained, stored, and locked
- Able to provide a verbal PAR Q to all new participants at the beginning of classes

Administrative

- Arrange for a substitute instructor from approved lists if unable to teach assigned class; notify the Fitness Leadership Team of absence, notify a front desk attendant if late
- Able to fill out accident report forms when needed
- Other related duties as assigned

If you have the following characteristics and qualifications, we want to hear from you:

- Completion of Grade 12.
- One or more of the following: BCRPA Fitness Theory and Group Fitness Certification – Yoga Fitness Certification, Pilates Certification and/or , Minimum 200+ hour Yoga Certification, Barre/Pilates certification from a recognized provider/board.
- Minimum Emergency First Aid with CPR Level C & AED.
- Strong teaching and communication skills.
- Ability to motivate others.
- Be able to pass and maintain a clear Police Information Check with Vulnerable Sector Check.

* The successful candidate will work non-standard work hours, including mornings, evenings, and weekends.

Apply online with your resume and cover letter in one document at www.newwestcity.ca/employment by June 20, 2025.

To support a workforce that reflects the diversity of our community; women, Indigenous Peoples, racialized individuals, persons of diverse sexual orientation, gender identity or expression (LGBTQ2S+), persons with disabilities, and others who may contribute to diversity of our workforce, are encouraged to express their interest.

New Westminster is on the unceded and unsundered land of the Halq'eméylem-speaking peoples.
It is acknowledged by the City that colonialism has made invisible their histories and connections to the land.
We are learning and building relationships with the people whose lands we are on.

We thank all applicants for their interest and advise that only those selected for an interview will be contacted.
This position is only open to those legally entitled to work in Canada.